

TAKE FIVE

A Revealing Q and A
with...

Darcy Gerhart



**Darcy Gerhart is the Understudy for [Selfie](#) at [Young People's Theatre](#)
April 23– May 1.**

Darcy is an actor and creator from Toronto, ON. She grew up dancing in Parkdale and attended the National Theatre School of Canada. Darcy is thrilled to be joining the Selfie company! Recent credits include: The Divine: A Play for Sarah Bernhardt, The Lady From the Sea, The Charity That Began at Home, The Philadelphia Story (Shaw Festival); We Are Proud to Present a Presentation About the Herero of Namibia... (Theatre Centre/Why Not Theatre); Raging Dreams (Theatre Gargantua); A Splinter in the Heart (Festival Players of Prince Edward County); Twelfth Night (Hart House).

1. When did you first think of yourself as an artist?

I first thought of myself as an artist when I was High School. I was in a youth contemporary dance company where we got to choreograph our own material. It was an amazing opportunity for self-expression at such a young age, and a good outlet for that teenaged angst.

2. Who helped you develop your voice as an artist?

Former Artistic Director Sherry Bie, and some of my key teachers at the National Theatre School really helped me develop my voice as an artist. Adam Lazarus taught me the importance of risk-taking and following impulse; Tedi Tafel taught me to be truly present in my body, and the value of total abandon.

3. What's something that's inspired you this week?

This week I wrote my final exam for my first ever university-level dramatic theory course — that was really inspiring for me!

4. What's your favourite restaurant in the city to visit?

There are so many amazing restaurants in this city, it's hard to pick. Toronto truly is a city of food, in my mind. I love [Fat Pasha](#) on Dupont for middle-eastern food, and [Banjara](#) on Bloor for Indian.

5. What do you want to see more of on Toronto stages?

I'd like to see more post-modern, physical theatre on Toronto stages. There's a lot of really amazing International tours that come through the city, and some local artists experimenting with the theatrical form, but they're definitely outnumbered by more conventional theatre models. I'd love to see more of that risk-taking in Toronto, done by Canadian artists.